



Rehabilitation and Nursing Center  
Assisted Living Community

## **Greetings!**

Thank you for your interest in becoming a resident at one of our communities, Rockingham County Rehabilitation and Nursing Center, and Ernest P. Barka Assisted Living. We know making the decision to move into a senior living community can be difficult and we are grateful you have chosen to place your trust in us.

To ensure a smooth application process, we ask that all prospective residents and/or their representatives complete the Admissions Application in full. We understand that gathering all the necessary documentation may seem tedious, but it's essential in helping us determine qualification for residency and ensuring that we can provide the appropriate level of care.

In addition to providing the requested personal and medical information, please **be sure to sign all required release forms and permissions**. These forms allow our team to obtain the most up-to-date clinical information from healthcare providers, which provides a clear understanding of all prospective residents' medical history and current needs. We have enclosed a checklist which outlines the required documentation that must be submitted with your application.

If you're unsure about any of the language used within the application, you can find a glossary of commonly used terms on the last page of this packet.

Completed applications can be mailed, faxed, emailed or dropped off to:

### **Long-Term Care:**

**Fax:** 603-679-9456

**Email:** [admissions@co.rockingham.nh.us](mailto:admissions@co.rockingham.nh.us)

### **Mailing Address:**

117 North Road

Attn: RCRNC Admissions

Brentwood, NH 03833

### **Assisted Living:**

**Fax:** 603-679-9385

**Email:** [ebassistedliving@co.rockingham.nh.us](mailto:ebassistedliving@co.rockingham.nh.us)

### **Mailing Address:**

117 North Road

Attn: ALF Admissions

Brentwood, NH 03833

If you have any questions or need assistance with the application, please do not hesitate to reach out. We look forward to the opportunity to welcome you to our community!

117 North Road, Brentwood, New Hampshire 03833  
Phone 603-679-5335 Fax 603-679-9456



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## Required Documentation Checklist

☐ **1. Admission Permissions Form**

Gives us permission to speak with designated individuals regarding the Resident Application and applicant information

☐ **2. Durable Power of Attorney (DPOA)/Guardianship**

Healthcare and Financial and/or Guardianship papers. If applicable, a medical provider's letter stating that the DPOA has been activated/invoked

☐ **3. Advance Directives (if applicable)**

Documents including: Living Will, Do Not Resuscitate, and any prepaid funeral/burial expenses

☐ **4. Insurance and ID Cards**

Social Security Card, Medicare and/or Medicaid Card, Supplemental and/or Private Insurance, Prescription Plan, and Life Insurance Policy

☐ **5. Financial/Assets Information**

Bank statements from the last six (6) months, trust(s), real estate, retirement accounts, and other financial asset information and statements such as stocks/bonds, social security, pension checks, and life insurance policy value

☐ **6. Authorization to Use and Disclose Health Information Form**

This allows us to contact applicant's physicians and specialists and authorizes us to review psychiatric, mental health, and drug and alcohol treatments if applicable

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## PRE-ADMISSION PERMISSIONS

**Resident/Client Name:** \_\_\_\_\_

I grant permission to the following responsible individuals to discuss and/or release information regarding my Admission Application, Financial and Medical Records

Date	Name & Relationship	Address & Cell#	Permission Type:
			<input type="checkbox"/> Admission Application <b>Initial:</b> _____ <input type="checkbox"/> Financial Information <b>Initial:</b> _____ <input type="checkbox"/> Release of Medical Info. <b>Initial:</b> _____
			<input type="checkbox"/> Admission Application <b>Initial:</b> _____ <input type="checkbox"/> Financial Information <b>Initial:</b> _____ <input type="checkbox"/> Release of Medical Info. <b>Initial:</b> _____

\_\_\_\_\_  
**Signature of Authorized Representative**

\_\_\_\_\_  
**Printed Name**

\_\_\_\_\_  
**Date**

☐ **Self**   ☐ **DPOA**   ☐ **Guardian**  
**Relationship (select one)**



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### ADMISSION APPLICATION

☐ Long-Term Care

☐ Assisted Living

Applicant's Name: \_\_\_\_\_ Preferred Name: \_\_\_\_\_

Primary Address: \_\_\_\_\_

Does Applicant Live Alone? ☐ Yes ☐ No Does Applicant Live with Others? ☐ Yes ☐ No

If Yes, With Whom: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_

Email: \_\_\_\_\_

#### Personal Information of Applicant:

DOB: \_\_\_\_\_ Social Security Number: \_\_\_\_\_

☐ Male ☐ Female Gender Identity: \_\_\_\_\_ Preferred Pronoun(s): \_\_\_\_\_

US Citizen: ☐ Yes ☐ No Place of Birth: \_\_\_\_\_

Marital Status: ☐ Single ☐ Married ☐ Widowed ☐ Separated ☐ Divorced ☐ Never Married

If Applicable: Spouse Name: \_\_\_\_\_

#### Primary Language:

☐ English ☐ Other: \_\_\_\_\_

Special Language Needs Required: \_\_\_\_\_

#### Decision Making:

Is Applicant able to make their own Medical Decisions? ☐ Yes ☐ No

#### Advanced Directives/Advanced Care Planning:

Durable Power of Attorney ☐ Yes ☐ No ☐ Healthcare ☐ Financial ☐ General

Guardianship ☐ Yes ☐ No ☐ Person ☐ Estate

Living Will ☐ Yes ☐ No

Do Not Resuscitate ☐ Yes ☐ No

Prepaid Funeral/Burial ☐ Yes ☐ No

**Copies of these document(s) required (if applicable)**

### Payment Source & Insurance Information:

Private Funds: ☐ No ☐ Yes

Long Term Care Insurance: ☐ No ☐ Yes Company & Policy#: \_\_\_\_\_

NH Medicaid: ☐ No ☐ Pending ☐ Yes Policy#: \_\_\_\_\_

NH Medicaid Case Manager Name & Phone#: \_\_\_\_\_

Medicare: ☐ No ☐ Yes Policy#: \_\_\_\_\_

Medicare Replacement (Medicare Advantage Plan): ☐ No ☐ Yes

Company & Policy#: \_\_\_\_\_

VA Benefit: ☐ No ☐ Yes Policy#: \_\_\_\_\_

Supplemental Insurance: ☐ No ☐ Yes

Company & Policy#: \_\_\_\_\_

Enrolled in Medicare "D" Prescription Drug Program: ☐ No ☐ Yes

Company & Policy#: \_\_\_\_\_

**Provide copies of all cards (front and back)**

### Financial/Asset Information:

Real Estate ☐ No ☐ Yes Value \$ \_\_\_\_\_

Savings Account ☐ No ☐ Yes Value \$ \_\_\_\_\_

Checking Account ☐ No ☐ Yes Value \$ \_\_\_\_\_

Retirement Account(s) ☐ No ☐ Yes Value \$ \_\_\_\_\_

Stocks/Bonds ☐ No ☐ Yes Value \$ \_\_\_\_\_

IRA/CD ☐ No ☐ Yes Value \$ \_\_\_\_\_

Trust(s) ☐ No ☐ Yes Value \$ \_\_\_\_\_

Life Insurance ☐ No ☐ Yes Value \$ \_\_\_\_\_ Policy #: \_\_\_\_\_

**Have you transferred/gifted assets within last 5 years?** ☐ Yes ☐ No

#### Monthly Income Source(s)/Assets:

Social Security Check: ☐ No ☐ Yes \$ \_\_\_\_\_ / Frequency: \_\_\_\_\_

Pension Check: ☐ No ☐ Yes \$ \_\_\_\_\_ / Frequency: \_\_\_\_\_

Name/Address of Pension Company: \_\_\_\_\_

Other Income: ☐ No ☐ Yes \$ \_\_\_\_\_ / Frequency: \_\_\_\_\_

**Required: Copies of last six (6) months of statements**

### Primary Care Doctor:

Primary Care Physician: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

### Mental Health and Counseling Services:

**Inpatient Services in the last two years?** ☐ No ☐ Yes

Facility Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

**Outpatient Services in the last two years?** ☐ No ☐ Yes

Facility & Provider Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

### Comments or Additional Information (optional):


### Disclosure Statement

I, the undersigned applicant or authorized representative, certify that the information provided in this application is accurate, complete, and truthful to the best of my knowledge. I understand that any omission, misrepresentation, or falsification of information may affect eligibility for admission or services.

I acknowledge that completion of this application does not guarantee admission and that placement is subject to facility availability, medical and financial eligibility, and compliance with applicable policies and regulations.

I authorize the facility to verify the provided information, including but not limited to medical records, financial documents, and legal authorization forms, as necessary to determine eligibility for admission and appropriate care. I also understand that additional documentation may be required to complete the admission process.

If applying for Medicaid assistance, I understand that the facility may conduct a review of financial records and past asset transfers to determine Medicaid eligibility. I acknowledge that failure to disclose gifts or asset transfers within the Medicaid look-back period may result in a penalty or delay in coverage.

By signing below, I acknowledge that I have read, understand, and agree to the terms outlined in this disclosure statement.

\_\_\_\_\_  
Signature of Authorized Representative

\_\_\_\_\_  
Date



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### **Glossary of Commonly Used Terms**

**Activated/Invoked (as related to a DPOA or Healthcare Proxy)** – A DPOA becomes “activated/invoked” when a medical provider has determined that the individual lacks the capacity to make their own medical decisions. Once activated/invoked, the designated agent is now authorized to act on behalf of the individual in making medical and/or financial decisions, depending on the scope of the document.

**Authorized Representative** – An individual who has legal authority to act on behalf of an applicant, including completing paperwork, making decisions, and accessing personal or medical information. This may include a legal guardian, power of attorney, or someone designated by the individual through written consent.

**Advance Directive** – A legal document outlining a person’s healthcare wishes if they become unable to make decisions.

**Durable Power of Attorney (DPOA)** – A legal document that grants a designated individual the authority to make financial and/or healthcare decisions on behalf of another person.

**Gift/Asset (as defined by Medicaid)** – A transfer of money, property, or other assets for less than fair market value to family, friends or charities. **Examples of gifts include:** giving large sums of money, deeding or selling a home and/or real estate for less than market value, gifting a car, moving money to someone else’s account, or paying for someone else’s expenses. Medicaid has a look-back period (typically five years) to review financial transactions. If a gift is made during this period, it may result in a penalty period during which the individual is ineligible for Medicaid benefits.

**Guardianship** (Person and/or Estate) – A court-appointed role granting someone the authority to make medical and/or financial decisions for an individual who is unable to do so.

**Long-Term Care Insurance** – A privately purchased policy that helps cover the cost of long-term care services.

**Medicaid** – A state and federally funded program offering healthcare coverage and/or financial assistance for senior living communities for eligible low-income individuals. Example: Help pay for the cost of living in a Long-Term Care or Assisted Living Community.

**Medicare** – A federal health insurance program primarily for individuals 65+ and those with certain disabilities.

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I authorize the following individual or entity to release the protected health information of the patient named below. I acknowledge that any information disclosed under this authorization may be subject to redisclosure by the recipient, unless otherwise restricted by law.

Social Security Number

Facility Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

☐ **Ernest Barka Assisted Living  
Community**  
**117 North Rd., Brentwood, NH 03833**  
**Fax: 603-679-9385**

☐ History & Physical                      ☐ Treatment Plans and Progress Notes

☐ Immunization Record                ☐ Hospital Discharge Summaries

☐ Medication List                         ☐ Other \_\_\_\_\_

☐ ALL OF THE ABOVE

☐ Mental Health Treatment Records      ☐ HIV Related Information  
☐ Psychotherapy Notes                      ☐ Other \_\_\_\_\_  
☐ Alcohol and Drug Treatment Records  
                                  ☐ ALL OF THE ABOVE

*NOTE: this request will expire one year from the request date, unless otherwise noted*





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## **Authorization to Request Protected Health Information**

### **Acknowledgment & Consent:**

I understand that I may refuse to sign this authorization and that my refusal to sign will not affect my ability to obtain treatment, payment, enrollment or eligibility for benefits. I may inspect or copy any information to be used or disclosed under this authorization.

I also understand that, if the person or entity receiving this information is not a healthcare provider or health plan covered by federal privacy regulations, the information described above may be redisclosed and no longer protected by these regulations. However, the recipient may be prohibited from disclosing my health information under other applicable state or federal laws and regulations.

I further understand that the person(s) I am authorizing to use or disclose my information may receive compensation (either directly or indirectly) for doing so.

I understand that I may revoke this consent at any time except to the extent that action has been taken in reliance on it. This release expires one year from the signature date below unless a shorter period is specified here:

### **Signature:**

\_\_\_\_\_  
Signature of Authorized Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Name of Legal Representative

\_\_\_\_\_  
Relationship to Patient