

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

Ernest P. Barka Monthly Activities

September 2023						9:00 Outdoor Walk 9:30 Chair Exercise 10:30 Brain Games 2:00 Ice Cream Sundaes! 3:00 Watercolor Painting & Card Making	9:00 Walking Group 1:00 Bingo!						
Ernest P. Barka Monthly Activities													
9:00 Walking Group 1:00 LRC Game	3	9:00 Outdoor Walk 9:30 Chair Exercise 10:30 Labor Day Trivia & Facts 1:30 Bingo! 3:00 Popsicle Flag Craft	4	9:00 Outdoor Walk 9:30 Chair Exercise 10:00 Stories with Shelia 11:00 Discovery Series 1:30 LRC Game 3:00 Jeopardy Trivia	5	9:00 Outdoor Walk 9:30 Chair Exercise 10:30 Wacky Wordies 1:30 Tie Dye Shirts!	6	9:30 Chair Exercise 10:30 Chapel 10:30 Horseshoes 1:30 Bingo! 2:00 Bible Study 3:00 Jeopardy Trivia 4:15 Walking Club 5:30 Games with Ken	7	9:00 Outdoor Walk 9:30 Chair Exercise 10:30 Spa Manicures 1:30 Family Feud 3:00 Arm Chair Travel	8	9:00 Chair Exercise 10:00 Games with Ken 1:00 Bingo!	9
Labor Day													
9:00 Walking Group 1:00 LRC Game 3:00 Grandparents Day Word Puzzles in Community Room	10	9:30 Chair Exercise 10:30 Hymn Sing 10:30 Water balloon & Beach Ball Toss Games 1:15 "Healthy Dining Choices" 2:00 Oldies Music W/ Ralphie 2:00 Catholic Communion 3:00 Seashell Painting	11	9:00 Outdoor Walk 9:30 Chair Exercise 10:30 Music with J & L 1:00 Gingerbread Men 2:00 Christmas Cards for Veterans 3:00 Hot Coco Social 6:00 Christmas Movie	12	9:30 Chair Exercise 10:00 Legacy Lane Petting Zoo 1:30 Big Win Bingo! 3:00 Cider & Fried Dough 3:30 Backyard Games!	13	9:00 Chair Exercise 9:30 Ask NP Donna Chat 10:30 Chapel 10:00 Spa Manicures & Facemasks 1:30 LRC Big Bucks 3:00 "The Rockies" Cocktail Hour 6:00 Casablanca & Popcorn	14	9:00 Chair Exercise 10:00 Applecrest Farm Trip 1:30 Flower Arranging 3:00 Sunflower Wreaths & Crafts	15	9:00 Walking Group 1:00 Bingo!	16
Grandparents Day													
9:00 Walking Group 1:00 LRC Game	17	9:30 Chair Exercise 10:30 Hymn Sing 10:30 Baking 1:30 Bingo! 2:00 Catholic Communion 3:00 Afternoon Tea Social 4:15 Walking Club 5:30 Games with Ken	18	9:00 Outdoor Walk 9:30 Chair Exercise 10:30 Family Feud 1:30 LRC Game 3:00 Watercolor Painting & Card Making	19	9:00 Outdoor Walk 9:30 Chair Exercise 10:30 Bean Bag Toss 1:30 Art with Joe 3:00 Finish the Lyrics	20	9:30 Chair Exercise 10:30 Chapel 10:30 World Alzheimer's Day Chat 1:30 Bingo! 2:00 Bible Study 3:00 End Alzheimer Bracelets 5:30 Games with Ken Wear Purple	21	9:00 Outdoor Walk 9:30 Chair Exercise 10:30 Spa Manicures 1:30 Word Puzzles 3:00 Button Tree Craft	22	9:00 Chair Exercise 10:00 Games with Ken 1:00 Bingo!	23
Rosh Hashanah Begins													
9:00 Walking Group 1:00 LRC Game	24	9:30 Chair Exercise 10:30 Hymn Sing 10:30 Baking Cupcakes 1:30 Bingo! 2:00 Catholic Communion 3:00 September Birthday Party! 4:15 Walking Club 5:30 Games with Ken	25	9:00 Outdoor Walk 9:30 Chair Exercise 10:00 Stories with Shelia 11:00 Family Feud 1:30 LRC Game 3:00 Brain Games	26	9:00 Outdoor Walk 9:30 Chair Exercise 10:30 Bullseye Ball Toss 1:30 Painted Pumpkin Signs & Crafts 3:00 Jeopardy Trivia	27	9:30 Chair Exercise 10:30 Chapel 10:30 What Would You Do? 1:30 Bingo! 2:00 Bible Study 3:00 Jeopardy Trivia 4:15 Happy Hour 5:30 Games with Ken	28	9:00 Outdoor Walk 9:30 Chair Exercise 10:30 Brain Teasers 1:30 Resident Council 2:00 Cooks Corner w/ Chef Paul 3:00 Arm Chair Travel	29	9:00 Walking Group 1:00 Bingo!	30
Yom Kippur Begins													
Sukkot Begins													

All Activities Are Subject To Change