

ROCKINGHAM C O U N T Y



*Rehabilitation and Nursing Center
Assisted Living Community*



*“We’re having so
much fun and
enjoying it so much.
The food is excellent,
and the staff
is awesome.”*

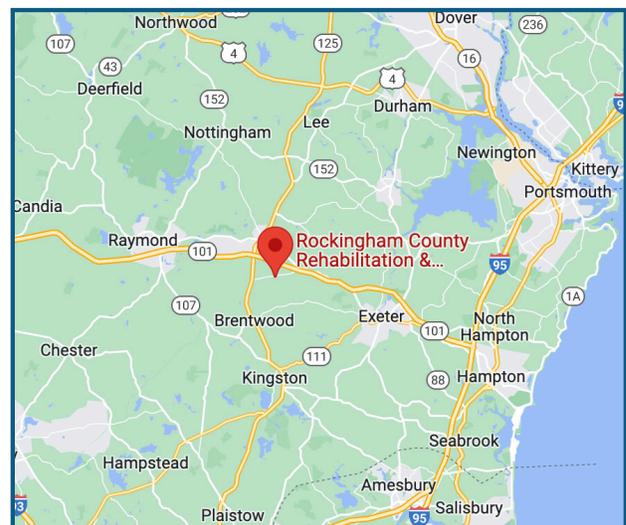
– Gladys T.



Welcome to Rockingham County Rehabilitation, Nursing Center and Assisted Living Community!

We have a long history of caring for New Hampshire's older adults. Established in 1869, our community stands as a superior provider of senior living services. The campus sits on over 50 acres of lush farmland in Brentwood, NH. The property provides a quiet, rustic setting with ample walking trails and outdoor spaces. Our community is owned and operated by Rockingham County, New Hampshire. With the support of the Rockingham County Commissioners, we continuously look for new ways to meet the needs of those we serve now and in the future.

We're here to help residents reach their full potential with our holistic approach to person-centered care. With 24/7 access to our dedicated caregivers, residents are able to maintain their independence when activities of daily living become a challenge. Residents take their lives to the next level and have the opportunity to make the most out of each day, every day.





Explore our Living Options

We offer short-term rehabilitation, assisted living, memory care, and skilled nursing housing options for older adults. This steppingstone approach allows residents to select the level of assistance they need and increase services when necessary – all while staying under the same roof.





*Age in place
gracefully
at Rockingham
County under
our continuum
of care.*





Short-Term Rehabilitation

Our experienced rehabilitation therapists are passionate about helping people live a healthier and more active lifestyle. Residents of our dedicated short-term neighborhood get back to the activities they love sooner by building strength and mobility. Following a surgery, illness, or accident, the support of our team can help residents take control of their lives and begin their journey back home.

Recovery Services Available

- Physical therapy
- Occupational therapy
- Speech therapy
- Restorative nursing
- Cardiac, pulmonary, orthopedic (including joint replacements), stroke and COVID-19 rehab
- Estim
- Ultrasound



Apartment Features

Every apartment is thoughtfully appointed with:

- Generous closet space
- Emergency call system
- Bathrooms with easy-step showers
- Ample living space





Assisted Living

Independence, comfort, and peace of mind await residents at our assisted living neighborhood. Residents can eat with friends in the full-service dining room, socialize with their neighbors in one of the country kitchens, relax in the four-season sunroom, and enjoy a variety of wellness programming throughout the day. Plus, our team is available around the clock to provide personalized attention when residents need an extra hand.

We offer three different apartment styles residents can choose from to fit a variety of personal and financial needs. Floor plans include privates, suites, and companions.





Long-Term Care

Our neighborhood model gives residents the opportunity to form strong connections and create a social network of support while receiving 24/7 access to the latest healthcare services. Residents can relax in the four-season atrium, enjoy fresh air in the courtyard, take in the views from the solarium, socialize with others at the snack bar, and more. Our team of experienced caregivers have been trained and certified to handle the unique needs of long-term care residents.

Memory Care

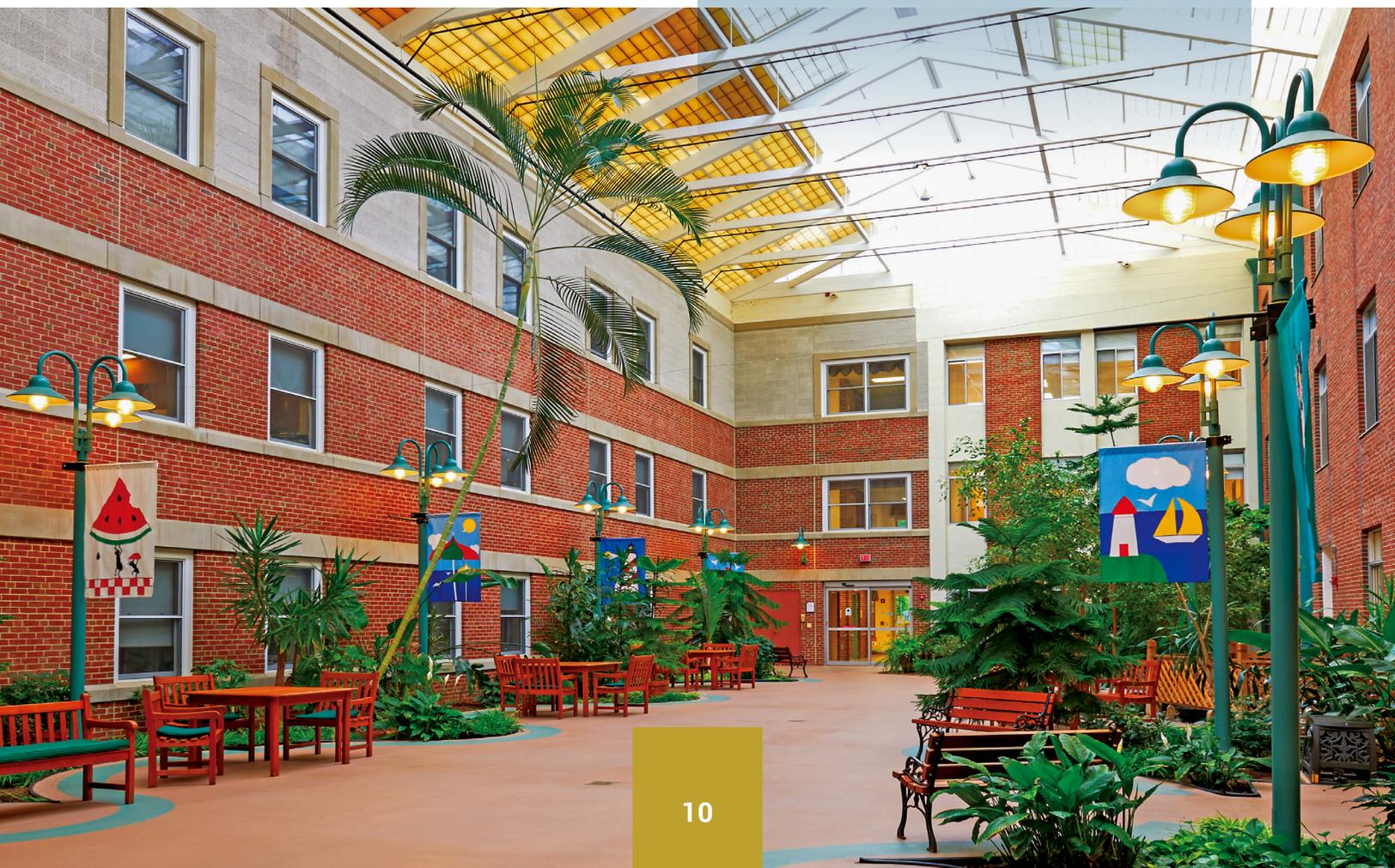
A secured environment is available to residents in need of additional care due to Alzheimer's or dementia who may be at risk of getting lost if they leave the neighborhood or community unaccompanied.

Community Life

There's never a shortage of fun to be had at our community. Our holistic approach ensures all dimensions of wellness are met by stimulating residents spiritually, emotionally, socially, intellectually, and physically. Residents can take a group exercise class, ride to the beach in the resident bus, get pampered at the salon, and enjoy live entertainment all in the same day. We encourage residents to participate in the hobbies they love and discover new passions.

Dining

Three home cooked meals and snacks are included at all care levels. When residents arrive, their diets, likes and dislikes, and any restrictions are discussed with our dietary team. Each neighborhood has cozy dining rooms where residents can come together and enjoy each other's company while they dine.



Clinical and Therapeutic Services Included:

- 24-hour assistance
- Physician services and full-time nurse practitioner
- Medication management and administration
- Rehabilitation services
- Social and pastoral counseling
- Palliative and hospice care
- Wound care
- Diabetes management
- Dental, vision, podiatry, dermatology, and audiology services
- Mental health services

Community Amenities

Our community's amenities are intended to make our residents' lives easier so they can enjoy life to the fullest.

- ✓ Housekeeping and laundry
- ✓ 3 meals a day
- ✓ Wellness programming
- ✓ Utilities and maintenance
- ✓ Basic cable & WiFi
- ✓ Salon and barber shop
- ✓ Multi-denominational chapel
- ✓ Secure Care system
- ✓ Resident snack bar
- ✓ Courtyard and atrium
- ✓ Transportation





Budgeting for Senior Living

We believe senior living services and quality care should be affordable for all. Our all inclusive pricing is designed to keep our rates as transparent as possible. There are a variety of options available to help make paying for our senior living services more affordable.

We are certified by the Centers for Medicare & Medicaid Services (CMS). We proudly accept the following payment methods for all levels of care :

- Medicare Part A/B
- NH Medicaid
- Private funds
- Private insurance





Become a Resident

Whether you or a loved one is being discharged from a hospital, considering downsizing from a current home, or in need of long-term care services, our team is here to help you find the right fit under our continuum of care. From scheduling a personal visit of the property to arranging your move-in, we ensure your transition is as stress-free as possible.

Admissions Made Easy

- 1** Speak with an admissions counselor
- 2** Visit the community in person or virtually
- 3** Fill out the admissions application with supporting documents
- 4** We verify insurance information and request medical records
- 5** Coordinate a move in date
- 6** Move in day!







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