



Rehabilitation and Nursing Center  
Assisted Living Community



## ASSISTED LIVING MONTHLY APARTMENT RATES

117 North Road | Brentwood, NH 03833

### SERVICES AND AMENITIES

- 3 meals a day & snacks
- Laundry and housekeeping
- Medication administration
- 24-hour licensed nursing coverage
- Assistance with daily hygiene
- Wellness activities and programs
- 4 season sunroom
- Transportation
- Rehabilitation services
- WiFi and Cable TV
- Onsite parking
- Library with computer

#### THE WILLOW - PRIVATE APARTMENT

Standard private apartment with private bathroom	<b>\$3116</b>
Large private apartment with private bathroom	<b>\$3590</b>

#### THE OAK - SEMI PRIVATE APARTMENT

Suite style apartment with 2 private bedrooms, a shared foyer and a shared bathroom	<b>\$3036 each</b>
---	--------------------

#### THE ELM - LARGE COMPANION

A large companion apartment and a shared bathroom	<b>\$5812 total*</b>
	<b>\$2906 each</b>

#### THE CHESTNUT - STANDARD COMPANION

A standard companion apartment with a shared bathroom	<b>\$4891 total*</b>
	<b>\$2445.50 each</b>

\*Companion apartments may be rented by one individual for the total price



*Rehabilitation and Nursing Center  
Assisted Living Community*



---

## OUR STORY

---

Welcome to the Ernest P. Barka Assisted Living Community! We believe that everyone deserves to age gracefully in a safe and comfortable environment that feels like home. Our assisted living community is designed to provide the best possible quality of life for our residents through our experienced and dedicated staff, modern amenities, and engaging activities. Our priority is to provide compassionate care and exceptional service to our residents and their families. Our staff is available around the clock to provide personalized attention, support, and assistance with activities of daily living.

We offer a variety of amenities, including private and shared apartments, a dining hall, fitness center, library, and outdoor spaces. Our engaging activities program includes physical and mental activities, such as chair yoga, art classes, outings, and afternoon tea. We strive to create a warm and welcoming community where residents can make new friends and enjoy their golden years to the fullest. By encouraging independence and socialization our residents can age in place in comfort and security. We can't wait to welcome you to our family!



## DINING

Our seasonally inspired menus are prepared in-house by our Dining Services team. Residents enjoy 3 chef-prepared meals a day. Meal times in the Dining Room provide opportunities to meet new people and form lasting friendships.

## SAMPLE MENU

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BREAKFAST</b>	Cheese Omelet Scrambled Eggs Danish Pastries Fruit and Yogurt Whole Wheat Toast	Assorted Cereals Scrambled Eggs Cranberry Bread Fruit and Yogurt Whole Wheat Toast	Assorted Cereals Oatmeal Fried Egg Sausage Patty Scrambled Eggs Whole Wheat Toast	Assorted Cereals Oatmeal Pancakes Scrambled Eggs Raisin Toast Fruit and Yogurt	Assorted Cereals Oatmeal French Toast Scrambled Eggs Raisin Toast Fruit and Yogurt	Assorted Cereals Oatmeal Cheese Omelet Bacon English Muffin Scrambled Eggs	Assorted Cereals Oatmeal Donut Cake Boiled Eggs Scrambled Eggs Whole Wheat Toast
<b>LUNCH</b>	BPrime Rib au Jus with Baked Potato and Asparagus  Baked Fish with Mashed Potatoes and Baby Carrots	Baked Chicken with Spinach and Steamed Rice  Pork Loin Roast with Mashed Potatoes and Corn	Meatloaf with Baked Potato and Roasted Vegetables  Roast Turkey Dinner with Mashed Potatoes	American Chop Suey with Green Beans  Baked Fish Dinner with Peas and Mashed Potatoes	Roast Pork with Broccoli and Rice  Chicken Tenders with Sweet Potato Fries	Fish Florentine with Rice and Vegetable Blend  Baked Ham with Brussels Sprouts and Mashed Potatoes	Beef Hot Dog on a Bun with Baked Beans and Carrots  Hamburger on a Bun with Sweet Potato Fries
<b>DINNER</b>	Choice of Soup Turkey Salad on Wheat Ham Sandwich Italian Beet Salad	Choice of Soup Chicken Salad on Wheat Bread Shaved Corn Beef on a Bun	Choice of Soup Sliced Turkey Sandwich Ham Salad Sandwich	Choice of Soup Tuna Salad on Wheat Roast Beef Dinner	Choice of Soup Cheese Quiche with Seasoned Spinach Turkey Sandwich with Potato Salad	Cheese Pizza with House Salad Seafood Salad on Wheat with Three Bean Medley	Chicken a la King with Winter Squash Manicotti with Green Peas

We are happy to accommodate special dietary needs and always have daily items available for every meal.